

CHINMAYA DEGREE COLLEGE BHEL, HARIDWAR

Criterion VII Institutional Values and Best Practices

7.2 Institutional Values and Best Practices

7.2.(a) Institutional Values and Best Practice -I

Documents Attached

<u>S.No.</u>	<u>Document Name</u>
1	Cultural and Spiritual Activities
2	Women Empowerment

Best practices implemented by the Institution

**CHINMAYA DEGREE COLLEGE
BHEL, Ranipur, Haridwar**



Cultural and Spiritual Activities

SESSION 2023-2024

Cultural activities impacts students sense of engagement and attachment to their institution and improves their performance in academics, it also motivate students to explore their potential and excel themselves in various fields a overall development. Keeping in view the importance of cultural activities, at Chinmaya Degree College various cultural events are being organized from time to time.

- ❖ **21st July 2023 Harela Parv** was celebrated and plantation of trees in college campus was done.
- ❖ **Pujya Gurudev Swami Chinmayanandaji 30th MahaSamadhi Diwas** was celebrated as Sadhna Diwas on **3rd Aug2023**. On this occasion BHEL Senior Manager Mr. Alok Kumar Shukla, Commander Amod Chowdhary Joint Secretary Dr.Radhika Nagrath, Principal Dr.Alok Aggarwal, Director SFS, all the staff and students were present in the prayers. Programme was started by offering flowers to goddess Saraswati and followed by Guru Stotram, 108 Guruji Naamwali and Guruji Aarti. A special High tea arranged for all.
- ❖ **77th Independence day** was celebrated on 15th August 2023 with great patriotism and enthusiasm. Flag hoisting was done by Col. Rakesh sachdeva, Principal Dr. Alok Aggarwal and Director SFS Dr, V.D sharma followed by National Anthem. **Message of Director Higher Education was read by Shri Ankur Chauhan**. Two students Mr. Shailesh Tripathi and Mr. Kartik Saini gave their speeches on **“Importance of Education and development”**. A Patriotic song was sung by Ravi Shankar Rai. Few students mesmerised all of us by performing Dances on Patriotic songs. Two Students gave speeches on **“Importance of Voting” in Indian Democracy**. Dr V.D Sharma, Dr. Alok Aggarwal and chairman sir gave their guidance to all chinmaya Parivar. The Program ended with distribution of sweets to all the students and staff present there.



- ❖ The College Annual Function was celebrated on 16th september 2023, along with various programs as due to summer vacations and exam schedule it could not be celebrated earlier. The guests and the audience were overwhelmed by seeing the fabulous performances and great talent of students.
- ❖ A Zoom Online Platform was Scheduled on 1st Oct 2023 at 7:30-8:30 pm and Topic Find your purpose (Ask me anything series) with Swami Advayanandaji. In this Online session life Goals and Aim purposes like deep discussions were held help and everyone found it amazing.
- ❖ On 7th oct. 2023 "Garhboj Divas" is celebrated at seminar hall in Machinery degree college. On this event students were told by Dr. Anand Shankar about the benefits of Garhwali bojan, Cereals, how to protect garhwali crops (Mota anaj) and promote herbal Medicines.
- ❖ A Poster competition on "108 names of Sw. Chinmayanandji" was organized on 1.12.23. Dr. Madhu, Ms. Perna Rajput, Ms. Rakhi Goyal declared the results as 1st prize goes to students of B.Sc 5th sem Bio group Himani, Kalpana, Kumkum Pandey, & Isha Joshi. 2nd prize winner was Riya and Astha B.Sc 3rd sem Maths group. 3rd prize winner was Sadhana M.Sc Physics 2nd yr.
- ❖ On the same day 1.12.23 Another Photo Collage Competition on "Photos of Sw. Chinmayanandji, Sw. Shivanandaji of Rishikesh and Sw. Tapovan Maharaj of uttarkashi" was held for students. Judgement done by Dr. Ruchira Chowdhary, Dr. Deepika, Dr. Omkant. First prize winner was M.Sc 1st yr Computer Science Department Ms. Perna and Ms. Ankita. Second Prize winner was B.Sc 3rd yr Maths group Trang kumar and Shalu Rani. Third prize winner is B.Sc 2yr computer science Department Monika Rauthan and Shristi Negi.
- ❖ On 2nd December 2023 an Essay competition was organised on topic "SW. Tapovan Maharajji and Sw. Chinmayanandji Maharajji" whose Incharge was Dr. Jyoti Chowdhary. A large number of students participated in the competition.
- ❖ On 4.12.23 A skit competition is performed on topic "Saints of India". Anchoring was done by Ms. Chaavi Bhatia B.Sc Maths 3rd year. Programme Incharge was Dr. Manisha and Jury members were Dr. Anand Shankar, Dr. P.K Sharma and Dr. Ruchira Chowdhary. First prize winner was Tannu sharma and Group (performed on Saint Valmiki ji) B.Sc 1st yr Bio Group. Second Prize winner was Charu and Group (performed on Saint Sw. Chinmayanandji) M.Sc 1st and 3rd Sem Physics Department and Third prize winner was Samridhi and Group (performed

on Saint Mirabai) of M.Sc 1st sem Microbiology. All The skits were very inspiring and performances of all participants was appreciated by Guests and Judges.



- ❖ **Foundation day of college was celebrated with great enthusiasm on 11dec2023.** On this occasion , Chief Guest Sw. Prakashanandji was welcomed with the ceremony puran kumbh and flower Bouquet. Programme was started with enlightening lamp by chief Guest Sw. Prakashanandji, Col.Rakesh Sachdeva Chairman of the college managing committee and principal of the college Dr. Alok Aggarwal , Commander Mr. Amod chodhary, Dr. Shalini pant joshi and Smt. Sadhana Sachdeva. Anchoring was done by Dr. Swati Shukla. On this Foundation day of College Principal Dr. Alok Aggarwal said that college is living upto the ideals of Sw. Chinmayanandaji also Sir shared annual progress and future plans. Students persented skits , songs and cultural activities.
- ❖ **On 23rd Dec Geeta Jyanti and Tapovan Jyanti** was celebrated in college. Chief guest Col Rakesh sachdeva, Smt Sadana sachdeva , Principal Dr. Alok Agarwal and Director SFS Dr. Vaishno Dass offered flowers to Sw. Chinmayanandji photo. Programme was anchored by Dr. Madhu Sharma. Chaavi Bhatia B.Sc 3rd yr PCM group sung Tapovan Shatkam .On This Occasion Dr P.K Sharma explained Geeta Shlokas with a perfect pronunciation.All college teaching and non teaching staff and also a big number of students were present at the seminar hall and enriched themselves.
- ❖ **On 23rd Jan 2024 Prakaram divas** was celebrated in Chinmaya Degre College.
- ❖ **On 26th Jan Republic Day**, The Chinmaya Degree College Organised A celebration to commemorate Republic Day, marking the historic day when India's Constitution came into effect. The event was a vibrant display of patriotism and unity , bringing together students, faculty and staff in a spirit of National pride. Flag hoisting was done by Col. Rakesh Sachdeva sir and Sir delivered a little speech which was very impressive. Sweets were distributed.
- ❖ **On 3rd April 24 Sw Devatmanandaji satsang was Organised in college campus on topic "No Comparison"**.
- ❖ **On 8th May 2024 108th Birth Anniversary Of Sw.Chinmayanandji** was commenced with the garlanding of Swamiji Potrait by A group of Students and Enlightening lamp by Sh. Anil



Kapoor sir Participating as chief guest. Chairman Col. Rakesh Sachdeva Sir , Mrs. Sachana Madam, Dr. Radhika Nagrath, Commander Amod Choudhary Sir , Principal Sir Dr. Aggarwal sir, Dr. Vaishnav Dass Sir, teaching and non teaching staff and students were present. Programme was anchored by Himani Kiran student B.Sc 4th sem. Saraswati vandana Was Sung BY students Astha sharma and Tannu sharma of B.Sc Biology 2nd sem.

- ❖ On 14th june 2024, Swami Avyayanandaji college visited at 9:30 am. Different talk show on Different Topics were scheduled . Talk01 was for students on Topic “ Geeta for YUVA” scheduled between 10:00-11:10 am. Talk 02 was for non teaching staff on Topic “Serve & Deserve”between 12-1pm. Talk 03 is for Teaching staff on Topic “Walk The Talk” between 3-5pm. There was a question and answers session in between. High Tea and Lunch is served to all accordingly. The visit was attended by Com. Amod Choudhary sir , Dr Radhika Nagrath mam, Dr. Anand shankar, Dr Manisha maam, Dr. P.K Sharma sir, Dr Ruchira Chowdhary maam, Dr. Madhu sharma and all teaching and non teaching staff.


PRINCIPAL
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BHEL, Haridwar

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BHEL, Ranipur, Haridwar**



WOMEN EMPOWERMENT

SESSION 2023-2024

Women empowerment means emancipation of women from the vicious grips of social, economical, political, caste and gender-based discrimination. It means granting women the freedom to make life choices. Women empowerment does not mean 'deifying women' rather it means replacing patriarchy with parity.

Women's empowerment can be defined to promoting women's sense of self-worth, their ability to determine their own choices, and their right to influence social change for themselves and others.

Empowerment can be seen as a means of creating a social environment in which people can make decisions and make individual or collective choices for social transformation. Empowerment enhances innate abilities through the acquisition of knowledge, power, and experience. Empowerment is the process of enabling or empowering individuals to think, act, and control their work in autonomous ways. It is the process by which a person can control his own destiny and life circumstances. Every society, every country, every nation, there are always some people in society who are deprived of their basic rights, but these people lack the awareness of rights. If we relinquish these elements from society, women would be at the top of this list. In fact, women are the most important factor in every society.

- ❖ **On 20.10.23, A one- day "Women Entrepreneurship Awareness Programme"** was organized by the National Commission for Women in collaboration with the Indian Entrepreneurship development institute in the Seminar Hall of Chinmaya Degree College, Haridwar, which was conducted by Special guest Dr. Anjani Kumar and Ms.

Pallavi Gupta (General Manager, district Industries centre Haridwar). Principal Dr. Alok Agarwal, Dr. Manisha, Ms. Lakshmi Natrajan (Director Vainaikam Chennai) Women Professors and college students and many eminent women Entrepreneurship were present. They focused on that student should believe in herself and recognize their talents and establish their business according to the need of society.



- ❖ **On 26th Jan Republic Day**, The Chinmaya Degree College Organised A celebration to commemorate Republic Day, marking the historic day when India's Constitution came into effect. The event was a vibrant display of patriotism and unity , bringing together students, faculty and staff in a spirit of National pride. Flag hoisting was done by Col. Rakesh Sachdeva sir and Sir delivered a little speech which was very impressive he address girls students and motivate them **Empowered women change the world with their courage and vision..**
- ❖ **On 3rd April 24 Sw Devatmanandaji satsang was Organised in college campus** on topic "No Comparison" He emphazied on Chinmaya is dominated by girl students in numbers and address that **Women potential is limitless when she refuse to doubt herself.**
- ❖ **On 4th may 24 Satsang was delivered by Sw. Devatmanadaji.** Guest Mr. Shrivastava Sir and Maam, Dr. Radhika Nagrath, Col. Rakesh Sachdeva, Mrs. Sadhana Madam, Dr. Anil , Dr. Alok Aggarwal sir, Dr. Manisha, Dr. P.K Sharma, Dr. Anand Shankar Sir, Dr. Ruchira , Dr. Madhu sharma, Dr. Swati, Mrs Kritika (CS), Dr. Vaishnav Dass sir and College Staff Students with Their family members were persent there. In Swamiji preaching, he stressed on enlightenment of the students and overall complete development.

A.A.

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धूमधाम से मनाया चिन्मय डिग्री कॉलेज का वार्षिकोत्सव मेधावी छात्र-छात्राओं को सम्मानित किया

आयोजन

हरिद्वार, संवाददाता। चिन्मय डिग्री कॉलेज का वार्षिकोत्सव धूमधाम से मनाया गया। जिसमें मुख्य अतिथि के रूप में चिन्मय मिशन उत्तरकाशी से स्वामी देवात्मानंद, विशिष्ट अतिथि विधायक आदेश चौहान के अतिरिक्त एडीएम पीएल शाह एवं एसडीएम अजयवीर सिंह भी उपस्थित रहे। छात्रों ने सरस्वती वंदना, नृत्य नाटिका, विभिन्न प्रकार के लोकगीत, वेशभूषा प्रतियोगिता का आयोजन किया। महाविद्यालय द्वारा मेधावी तथा विभिन्न क्षेत्र में विशिष्ट प्रतिभा वाले छात्र-छात्राओं को पुरस्कृत किया गया।

स्वामी देवात्मानंद ने छात्र-छात्राओं को सफलता के मूल मंत्र बताए। भगवतगीता से कर्म की व्याख्या करते हुए उन्होंने कहा कि सभी को अपने कार्य कुशलता से करने चाहिए, यही योग का मार्ग है। विधायक आदेश चौहान ने कहा कि चिन्मय



हरिद्वार में शनिवार को चिन्मय डिग्री कॉलेज के वार्षिकोत्सव में मौजूद मुख्य अतिथि।

महाविद्यालय से शिक्षित बच्चों ने विभिन्न क्षेत्रों में कॉलेज का मान बढ़ाया है। चिन्मय शैक्षिक समिति के अध्यक्ष कर्नल राकेश सचदेवा ने कहा कि भविष्य में चिन्मय डिग्री कॉलेज एक राष्ट्रीय स्तर का उच्च शिक्षा का कॉलेज बनेगा। कॉलेज में उत्कृष्ट योगदान के लिए डायरेक्टर सीएफएस डॉ. वैष्णो दास शर्मा, एसोसिएट प्रो. डॉ. मनीषा, असिस्टेंट प्रो. संतोष कुमार, कमल

मिश्रा, राजू आदि को प्रशस्ति पत्र देकर सम्मानित किया गया। कार्यक्रम में ट्रेजरी ऑफिसर नीतू भंडारी, भेल के वर्तमान जनरल मैनेजर मानव संसाधन आलोक कुमार, चिन्मय शैक्षिक समिति की सचिव डॉ. इंदु मेहरोत्रा, डॉ. आनंद शंकर, प्रो. रुचिरा चौधरी, साधना सचदेवा, कमांडर आमोद चौधरी, पंकज श्रीवास्तव, लवलीना मोदी, शिक्षक आदि मौजूद रहे।





क्विज प्रतियोगिता में सक्षम रहे अवल्ल

हरिद्वार, संवाददाता। चिन्मय डिग्री कॉलेज में भारतीय मानक ब्यूरो की ओर से कार्यशाला हुई। ब्यूरो के विषय विशेषज्ञ अनंत भास्कर गर्ग ने उत्पाद प्रमाणन योजना के तहत आईएसआई मार्क,

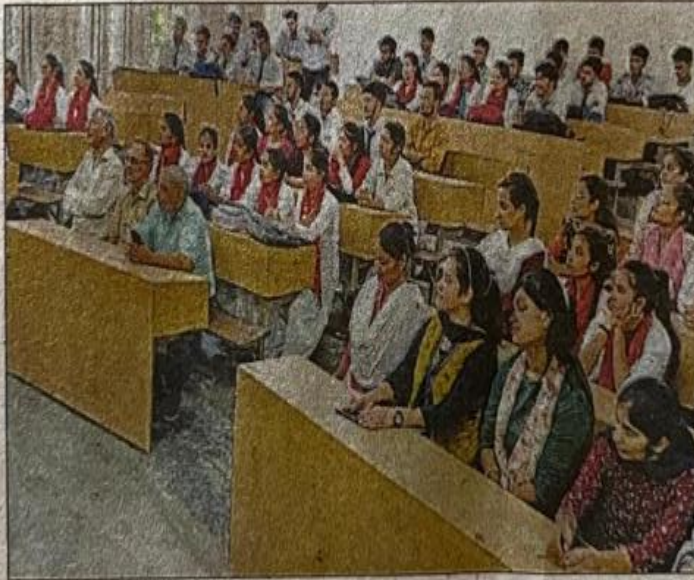
हॉलमार्किंग आदि के बारे में बताया। कॉलेज में क्विज प्रतियोगिता का आयोजन किया गया। प्रतियोगिता में सक्षम लोचन ने प्रथम, अभिषेक मिश्रा ने द्वितीय और नीशू ने तृतीय स्थान प्राप्त किया।

मंडुवा, झंगोरे से बने पकवान लेकर आए छात्र

गढ़भोज दिवस

हरिद्वार, संवाददाता। उत्तराखंड की परंपरागत फसलों एवं भोजन के उत्सव गढ़ भोज दिवस को स्कूलों और विवि में बृहद रूप से मनाया गया। राजकीय महाविद्यालय भूपतवाला में गढ़भोज समारोह में मंडुवा, झंगोरा, बाजरा, गहथ, चौलाई और अन्य स्थानीय अनाज से घरों से पकवान बनाकर कॉलेज में लाए गए और यहां पर सामूहिक रूप से उन पकवानों को आपस में बांटा।

प्राचार्य डॉ. दिनेश कुमार शुक्ला ने कहा कि अंतरराष्ट्रीय स्तर पर मोटे अनाजों के महत्व को सर्वप्रथम वैज्ञानिकों ने प्रतिपादित किया। स्थानीय स्तर पर जो भोज्य पदार्थ ठपन्न होते हैं उनमें रोग प्रतिरोधक क्षमता उसी परिवेश के अनुसार विकसित होती है और उनको ग्रहण करने से व्यक्ति की रोग प्रतिरोधक क्षमता भी बढ़ जाती है। वरिष्ठ



हरिद्वार के चिन्मय डिग्री कॉलेज में गढ़भोज दिवस कार्यक्रम में उपस्थित छात्र-छात्राएं। • हिन्दुस्तान

प्राध्यापक डॉ. अजय उनियाल ने कहा कि मोटे अनाज हमारे जींस में हैं हम मोटे अनाजों को खाकर ही पले बढ़े हैं। संगोष्ठी को डॉ. भगवती प्रसाद पुरोहित और डॉ. किरण त्रिपाठी, डॉ. संजीव कुमार, डॉ.

अर्चना रानी, डॉ. रूबी ममगई, डॉ. शकुंज राजपूत, डॉ. प्रमिला विश्वास, डॉ. प्रियंका परमार, डॉ. विशाल कुमार शर्मा, डॉ. निर्विध्या शर्मा एवं अन्य सदस्यों ने संबोधित किया।

कॉलेज में गढ़भोज दिवस कार्यक्रम का आयोजन

हरिद्वार। चिन्मय डिग्री कॉलेज में गढ़भोज दिवस कार्यक्रम का आयोजन किया गया। इस दौरान विद्यार्थियों को गढ़भोज, पहाड़ी फसलों और जड़ी बूटियों की जानकारी दी गई। साथ ही इनसे हो वाले लाभ भी बताया गए।

शनिवार को कॉलेज के सेमिनार हाल में आयोजित कार्यक्रम में प्रो. डॉ. आनंद शंकर सिंह ने उत्तराखंड में होने वाली फसलों और जड़ी बूटियों के बारे में जानकारी दी। डॉ. आनंद शंकर ने सभी को बताया कि पहाड़ी फसलों को मोटे अनाज के तौर पर जाना जाता था। प्राचार्य डॉ. आलोक अग्रवाल ने कहा कि गढ़भोज दिवस मनाने से पहाड़ी क्षेत्रों की जड़ी बूटियों और फसलों की मांग देश विदेश में भी बढ़ेगी।



चिन्मय डिग्री कॉलेज में जयंती पर वाद-विवाद प्रतियोगिता का आयोजन



हरिद्वार (बढ़ी विशाल)। चिन्मय डिग्री कॉलेज, भेल, हरिद्वार में चिन्मयानन्द जी की 108वीं जयन्ती के उपलक्ष में एक वाद-विवाद प्रतियोगिता का अंग्रेजी माध्यम में आयोजन किया गया। जिसका शीर्षक रहा- 'God is on the side of big battalions' इस प्रतियोगिता में प्रतिभागियों ने पक्ष और विपक्ष में अपने विचार प्रस्तुत किया। प्रतियोगिता के दौरान चिन्मय शैक्षिक के चेयरमैन कर्नल राकेश सचदेवा जी ने छात्र-छात्राओं को सम्बोधित करते हुये कहा कि अनुशासन जीवन का मुख्य अंग है। एक अनुशासित व्यक्ति ही अपनी मंजिल प्राप्त कर सकता है। छात्र-छात्रायें लगन से पढ़ाई करें और अपने विषय में निपुण/विशेषज्ञ बनें। ईमानदार व्यक्तिव सब पर भारी होता है। अपनी पढ़ाई के

अतिरिक्त सांस्कृतिक कार्यक्रम और खेल प्रतियोगिता में सभी विद्यार्थी सक्रिय भागीदारी करें। प्रथम पुरस्कार हिमानी किरन, आशुतोष कुमार को प्राप्त हुआ। दोनों प्रतिभागियों ने विपक्ष में अपने विचार व्यक्त करते हुये कहा कि संख्या इतनी जिम्मेदार नहीं है जीत के लिये जितनी व्यक्ति की काबिलियत। स्वाध्याय और अनुभव जीवन के लिये जरूरी स्रोत है। द्वितीय पुरस्कार विजेता अंशिका ने विपक्ष में अपने विचार रखते हुये कहा कि भगवान हिन्दु धर्म ग्रन्थ के अनुसार कण-कण में समाहित है व अमीर, गरीब में कोई अन्तर करता है। वह समान रूप से सबको आशीष प्रदान करता है। कार्य क्षमता/शक्ति प्रभाव का जीवन में महत्वपूर्ण योगदान है। व्यक्ति की कार्यशीली जीवन को आगे बढ़ने के लिये अति

आवश्यक है।

तृतीय पुरस्कार विजेता संजना पालीवाल रही। विपक्ष में अपने विचार प्रस्तुत करते हुये कहा कि ईश्वर एक शक्ति है जो कि बिना भेदभाव के अपना आर्शीवाद सदैव सब पर समान रूप से है।

निर्णायक मण्डल डा0 रूचिरा चौधरी, डा0 ज्योति चौधरी, डा0 ओमकान्त ने भूमिका निभायी। खचाखच भरे सैमीनार हाल में छात्र-छात्राओं ने पक्ष और विपक्ष के प्रतियोगियों का उत्साहवर्धन किया।

इस अवसर पर कॉलेज के प्राचार्य डा0 आलोक अग्रवाल, आर.के. चतुर्वेदी, सुरभि गुप्ता, वाद-विवाद प्रतियोगिता इंचार्ज, राखी गोयल, प्रेरणा राजपूत, शैक्षिक समिति की सदस्य साधना सचदेवा, आयुषी, निशा, उर्मिला, काजल, दीपिका, अंकिता, श्वेता आदि उपस्थित थे।



नेताजी सुभाष चंद्र बोस जयंती

पराक्रम दिवस

23 जनवरी 2024





WOMEN EMPOWERMENT









